



KMA HAP KI DO NEWS

Volume 38 www.koreanma.com 269.963.KICK Feb 2008



New Class Hours Beginning February 11, 2008

Beginning Monday, February 11, 2008, KMA class hours will be changed to better meet the needs of students we apologize for any inconvenience to your family:

- Mon: 5:15-5:45pm Little Ninjas (5-6 year olds)
 Mon: 5:45-6:30pm Children Class (White thru Green Belts, 7 thru 12 years old)
 Mon: 6:30-7:20pm Adult Class (all ranks, 20 years old & older)
-
- Tue: 5:45-6:30pm Children Class (Blue thru Black Belts, 7 thru 12 years old)
 Tue: 6:30-7:20pm Teen Class (all ranks, 13 thru 19)
 Tue: 7:30-8:10pm Demo Team
-
- Wed: 5:15-5:45pm Little Ninjas (5-6 year olds)
 Wed: 5:45-6:30pm Children Class (White thru Green Belts, 7 thru 12 years old)
 Wed: 6:30-7:20pm Family/Combined Class (all ranks, all ages)
 Wed: 7:30-8:30pm Kumsool
-
- Thu: 5:45-6:30pm Children Class (Blue thru Black Belts, 7 thru 12 years old)
 Thu: 6:30-7:20pm Teen Class (all ranks, 13 thru 19)
-
- Fri: 5:30-6:20pm Sparring (all ranks, all ages – **everyone must have full gear!!**)
 Fri: 6:30-7:30pm Kumsool
-
- Sat: 9:30-10:15am Children Class (all ranks, 7 thru 12 years old)
 Sat: 10:30-11:30am Teen and Adult Class (all ranks, 13 years old and older)
 Sat: 11:30-12:00 Black Belt Class

On Gup Promotion Saturdays, we will have the Children Class, but no Teen/Adult Class or Black Belt Class.

Revised KMA 2008 Calendar

- Dec 31-Jan 1 – KMA Closed (Happy 2008!)**
 Feb 23 – Gup Test
 Apr 19 – Gup Test
May 26 – KMA Closed (Memorial Day)
 Jun 21 – Gup Test
Jun 28 – Black Belt Test
Jul 4 – KMA Closed (Independence Day)
 Aug 9 – Gup Test
Sep 1 – KMA Closed (Labor Day)
 Oct 18 – Gup Test
Oct 31 – KMA Closed
Nov 8 – Black Belt Test
Nov 27-28 KMA Closed (Thanksgiving)
 Dec 6 – Gup Test
 Dec 13 – KMA Christmas Party
Dec 24-25 KMA Closed (Christmas)
Dec 31-Jan 1 – KMA Closed (Happy 2009!)

Inasmuch House Thanks You

Your generous donations to Inasmuch House were greatly appreciated at Christmas. Donations included two beautiful hand-made baby quilts - these and all the donations will be cherished by those in need. **Inasmuch House is now selling cookie dough to raise funds to send residents to camp in the future.** If you would like to buy some delicious cookie dough, while supporting a good cause, please add your name to the order form on the drink table. Thank you for your support.

KMA Gup Promotion Schedule

Reminder that the Gup Promotion schedule now allows families with younger children to leave early if necessary:

- 9:30-10:15am – Children Class – All Ranks, 7-12 yr. olds
 10:45-11:30 – Gup Promotion for **all students, who are currently White Belts thru Orange Belts.**
 11:45-12:30 – Gup Promotion for **all students, who are currently Green Belts thru Red Belts.**
No Adult or Instructor Classes on Gup Promotion days.

All Ranks!!! Every time you plan to test, ask a Black Belt Instructor to pre-test you at least two weeks before the test. Also, be sure you know all the requirements, as outlined in the KMA handbook, before you pre-test.

KMA's 273rd Gup Promotion is scheduled for February 23, 2008.



Dexter Martial Arts WTF Tournament

Dexter Martial Arts is conducting an Invitational WTF Tournament on March 1, 2008, at 1:00pm. Competitions will include WTF Forms, Open Forms, Weapon Forms, Self-Defense, and Sparring (all ages-WTF rules). The cost to compete is \$25 per competitor and spectators are welcome. Pre-registration is required. The venue is to be announced. If you are interested in competing, please contact Master Dean Wainwright or Master Caron Wiesner-Wainwright at (734) 424-2752, or visit the website, info@DexterMartialArts.com.

KMA Tournament in August, 2008

KMA is planning to host an International Hap Ki Do Federation-style Tournament, on a Saturday afternoon in the month of August (date to be determined).

This tournament will be open to all competitors from KMA and all KMA satellite schools – every rank is welcome.

Competitions will include Team, Kicking, Long and High Falls, Self-Defense, and Free-Sparring.

This will be a great time to test your Hap Ki Do abilities and to prepare for the 8th Triennial World Hap Ki Do Championships in 2010. We will post the details as soon as they are established.

Senior KMA Student Appreciates Hap Ki Do

Mr. Sherwin Overway, of Hudsonville, MI, is a student at KMA's satellite school, Royal Martial Arts Center in Grand Rapids.

As a student who is 65+ years old, Mr. Overway states that Hap Ki Do training is keeping him in shape and as a bonus, he is learning self-protection skills.

Mr. Overway is aware that with aging comes a loss of muscular strength, flexibility, and coordination and that falls are among the leading cause of injury to seniors. For these reasons, Mr. Overway finds the benefits of Hap Ki Do suit his needs accordingly. He appreciates the fact that he does not need brute strength in Hap Ki Do and feels the conditioning is progressive. He is truly grateful to be part of the KMA family.



Sherwin Overway
and His Instructor, Nathan Doggett



Happy February Birthday Wishes!!

Tyler Canada	2/1	Scott Ashley	2/16
Emily Bard	2/2	David Thomas	2/17
Kristina Leslie	2/7	Candace Wilson	2/19
Lisa Piper-Owens	2/7	Jared Burdette	2/20
Jacque Tomlinson	2/8	Alexander Grogg	2/20
James Daily	2/10	John Charon	2/25
Haydn Farkas	2/10	Jacob Pestun	2/25
Min Schwartz	2/10	Michelle Charon	2/27
Sang Woo Cha	2/13	Brent Elyea	2/27
Chad Ellison	2/13	Ben Morley	2/27
Poigemor Kolk	2/13	Josh Staley	2/27
Beverly Tyler	2/14	Paul Staley	2/27
Tommi Burbank	2/15	Cameron Weaver	2/27

Looking for Champions to Compete in 2010!

You or one of your friends could be **the next Gold Medalist in the martial art of Hap Ki Do!!** Start training now to compete in the 8th Triennial World Hap Ki Do Championships in 2010, being held in Battle Creek. You will be competing with over 1,000 competitors from around the world.

Competitions will include Team Competition, Kicking, Long and High Falls, Self-Defense, and Free-Sparring. **YOU CAN WIN THE GOLD!!!**

2010 in B.C.!!

Thought for the Month

A word from your mouth speaks volumes
about your heart.

--Anonymous



**KOREAN MARTIAL ARTS, LLC
HEE KWAN LEE'S HAP KI DO
1600 WEST GOGUAC STREET
BATTLE CREEK, MI 49015
269.963.KICK (5425)
www.koreanma.com**