



KMA HAP KI DO NEWS

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KMA Class Hours Reminder

Mon: 5:00-5:30pm	Little Ninjas (5-6 year olds)
Mon: 5:45-6:30pm	Children Class (White thru Green Belts, 7 thru 12 years old)
Mon: 6:30-7:20pm	Adult Class (all ranks, 20 years old & older)

Tue: 5:45-6:30pm	Children Class (Blue thru Black Belts, 7 thru 12 years old)
Tue: 6:30-7:20pm	Teen Class (all ranks, 13 thru 19)
Tue: 7:30-8:10pm	Demo Team

Wed: 5:00-5:30pm	Little Ninjas (5-6 year olds)
Wed: 5:45-6:30pm	Children Class (White thru Green Belts, 7 thru 12 years old)
Wed: 6:30-7:20pm	Family/Combined Class (all ranks, all ages)
Wed: 7:30-8:30pm	Kumsool

Thu: 5:45-6:30pm	Children Class (Blue thru Black Belts, 7 thru 12 years old)
Thu: 6:30-7:20pm	Teen Class (all ranks, 13 thru 19)

Fri: 5:30-6:20pm	Sparring (all ranks, all ages – everyone must have full gear!!)
Fri: 6:30-7:30pm	Kumsool

Sat: 9:30-10:15am	Children Class (all ranks, 7 thru 12 years old)
Sat: 10:30-11:30am	Teen and Adult Class (all ranks, 13 years old and older)
Sat: 11:30-12:00	Black Belt Class

On Gup Promotion Saturdays, we will have the Children Class, but no Teen/Adult Class or Black Belt Class.



Welcome New Students!!

Peyton Andrews	Kelli Holmgren
Silas Andrews	Ha-Im Jang
Michelle Bingle	Drake Johnson
Andrew Cutshall	Ha-Young Jang
Bryar Glau	Samuel Luna
Kaylee Glau	Jayden Monroy
Tony Glau	Paige Parker
Bradley Harris	William Stout
Branden Harris	Braydon Sult
Debra Holds	Garrett Sult
James Holds	Haylee Waterbury
Alaina Holmgren	

KMA's 273rd Gup Promotion

On February 23, 2008, KMA held its 273rd Gup Promotion. A total of 33 students were promoted:

2 nd Gup	Kelly Burbank, Tom Burbank, Nathaniel Micklatcher, Tanner Micklatcher
4 th Gup	James Kolar, Robert Ricker, Jeremy Shaw
5 th Gup	Ian Cady, Ken Preston
6 th Gup	Paul Cha, Paige Dredge
7 th Gup	Austin Bergstresser, Anthony Burandt, Jaden Costa, Karl Henderson, James Meredith, Grace Miles, Cindy Wagner
8 th Gup	Tyler Harris, Erin Hope, Kevin Schlueter, Jose Valeur, Mark Williams
9 th Gup	Darien Costa, Samita Shah, Jeremiah Smith, Paul Staley, Braydon Sult, Garrett Sult, Alex Ziegler, Alicia Ziegler, Evan Ziegler, Kayla Ziegler, Ryan Ziegler

Congratulations to everyone who was promoted!
KMA's 274rd Gup Promotion is scheduled for April 19, 2008.



Little Ninjas Program at KMA

Parents!!! Grand Master Lee wants you to know KMA is now conducting a "Little Ninjas" class, specifically designed for five- & six-year-olds. This class will enhance your young child's skills such as focusing, teamwork, self-control, balance, memory enhancement, discipline, fitness, and coordination. This is a 30-minute class, every Monday and Wednesday, 5-5:30pm. **KMA currently has seventeen 5- & 6-year old students who would benefit from this smaller class size, geared specifically for this age group. Please sign up today!**



Dexter Martial Arts WTF Tournament

On March 1, 2008, Dexter Martial Arts hosted an Invitational WTF Tournament, in which several KMA students competed and several Black Belt students officiated. Everyone did a great job. Congratulations to:

Open Forms: Jeffrey Cullen, 1st; Dustin Ledbetter, 2nd; Scott Ashley, 3rd.

Weapons Forms: Katie Lee & Shon Nelson, 1st; Scott Ashley and Dustin Ledbetter, 2nd.

Self-Defense: Paige Parker, 1st; Ian Cady & Shon Nelson, 2nd; Tony Burandt & Dustin Ledbetter, 3rd.

Sparring: Ian Cady, Jason Ricker, & Cindy Wagner, 1st; Katie Lee, Tony Burandt, Tyler Harris, Jeremiah Smith, Paige Parker & Dustin Ledbetter 2nd.

Thank you to Master Dean Wainwright and Master Caron Wiesner-Wainwright for hosting this awesome tournament!

KMA Tournament Reminder - August, 2008

KMA is planning to host an International Hap Ki Do Federation-style Tournament, on a Saturday afternoon in the month of August (date still to be determined).

This tournament will be open to all competitors from KMA and all KMA satellite schools – every rank is welcome.

Competitions will include Team, Kicking, Long and High Falls, Self-Defense, and Free-Sparring.

This will be a great time to test your Hap Ki Do abilities and to prepare for the 8th Triennial World Hap Ki Do Championships in 2010. We will post the details as soon as they are established.

KMA Gup Promotion Schedule

Reminder that the Gup Promotion schedule now allows families with younger children to leave early if necessary:

9:30-10:15am – Children Class – All Ranks, 7-12 yr. olds

10:45-11:30 – Gup Promotion for **all students, who are currently White Belts thru Orange Belts.**

11:45-12:30 – Gup Promotion for **all students, who are currently Green Belts thru Red Belts.**

No Adult or Instructor Classes on Gup Promotion days.

All Ranks!!! Every time you plan to test, ask a Black Belt Instructor to pre-test you at least two weeks before the test. Also, be sure you know all the requirements, as outlined in the KMA handbook, before you pre-test.

KMA's 274th Gup Promotion is scheduled for April 19, 2008.

Happy March Birthday Wishes!!

Rob Gillson, III	3/5	Phillip Smith	3/21
Katherine Pestun	3/6	Devin Farkas	3/22
Connor Hoefler	3/8	Kyle Walters	3/22
Levi Jenkins, Jr.	3/8	Michael Thatcher	3/23
Ha-Im Jang	3/9	Noah Barry	3/25
Donald Rizor	3/9	Corey Crawford	3/25
Donald Watson, III	3/9	James Kolar	3/25
Jeffrey Cullen	3/11	John Busick	3/26
Alex Bagi	3/14	Cameron Wing	3/26
Justin Yurchenko	3/14	Claire Hernandez	3/27
Katie Kean	3/17	Grant Hernandez	3/27
Mike Ormstead	3/17	Andrew Martin	3/27
David Rapp	3/17	Charles Parham	3/27
Jaden Sarachick	3/18	Marcus Quinlan	3/27
Tara McKelvey	3/19	Jazlyn Lotz	3/29
Nicholas Gibson	3/20	Christian Perez	3/29
Jane Klein	3/20	Abram Metzgar	3/31
Tony Glau	3/21		

KMA Teen Class a Success!

Our Tuesday and Thursday Teen Classes have been very popular with KMA teens. As an added bonus, Teens are welcome to stay after class on Thursdays to train to music using our state-of-the-art audio system OR, bring in your favorite video to watch with your friends.

Looking for Champions to Compete in 2010!

Grand Master Lee encourages you to bring your friends to KMA any time to observe you training. You **or** one of your friends could be **the next Gold Medalist in the martial art of Hap Ki Do!!** Start training now to compete in the **8th Triennial World Hap Ki Do Championships in 2010, being held in Battle Creek.** You will be competing with **over 1,000 competitors from around the world!**

Competitions will include Team Competition, Kicking, Long and High Falls, Self-Defense, and Free-Sparring. **YOU CAN WIN THE GOLD!!!**

2010 in B.C.!!

Thought for the Month

Today's thorn is tomorrow's flower.

--Anonymous

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